

corfu salad

MENU



SALADS BY DESIGN

650-486-1520

thetossancarlos.com

1673 Laurel Street, San Carlos, CA 94070

house-designed salads

corfu

crown leaf lettuce, sundried tomato, artichokes, pickled red onions, garbanzos, kalamata olives, feta cheese, *champagne vinaigrette*

caesar

chopped romaine & kale, sundried tomato, roasted garlic, rosemary croutons, parmesan cheese, *caesar dressing*

grove

mixed greens, apples, dried cranberries, shaved fennel, candied walnuts, farro, blue cheese, *balsamic vinaigrette*

magnolia

mixed greens & kale, roasted beets, granny smith apples, dried cranberries, slivered red onion, goat cheese, roasted almond, *white balsamic vinaigrette*

siesta

shredded kale, quinoa, black beans, chili roasted hominy, jícama, tomato, spiced pepitas, avocado, *citrus jalapeño dressing*

tuna nicoise

arugula & crown leaf, **flaked wild tuna**, tomato, roasted potatoes, green beans, **hard-boiled egg**, radish, kalamata olives, *thyme vinaigrette*

cobb

chopped romaine, tomato, avocado, pickled mushrooms, blue cheese, **hard-boiled egg**, **smoked bacon**, **roasted chicken**, *green goddess dressing*

baja cobb

chopped romaine & mixed greens, roasted corn, tomato, black beans, pepper jack cheese, avocado, **hard-boiled egg**, **smoked bacon**, **roasted chicken**, tortilla strips, *bbq ranch dressing*

carlito

crown leaf lettuce, celery, tomato, hearts of palm, pepperoncini, mozzarella, **soppressata salami**, *creamy italian dressing*

waldorf chicken

crown leaf lettuce, apples, grapes, celery, golden raisins, walnuts, oranges, **roasted chicken**, *poppy seed dressing*

fuji

shredded cabbage, soba noodles, pickled ginger, carrots, radishes, edamame, oranges, wasabi peas, *sesame miso dressing*

zesty

crown leaf lettuce & cabbage, mango, roasted corn, red bell pepper, pumpkin seeds, feta cheese, avocado, *zesty chipotle dressing*

athens greek

romaine, red bell peppers, tomato, cucumbers, red onions, kalamata olives, feta cheese, *champagne vinaigrette*

sapporo

mixed greens & red cabbage, soba noodles, carrots, radishes, edamame, oranges, slivered almonds, *sesame miso dressing*

spicy beef

crown leaf lettuce & cabbage, red bell peppers, tomato, **spicy peanut crumble**, avocado, green onions, cilantro, **skirt steak**, *spicy vietnamese dressing*

chef

chopped romaine, tomato, garbanzos, carrots, cucumbers, swiss cheese, **hard-boiled egg**, **maple ham**, **roasted chicken**, *thousand island dressing*

mayan

chopped romaine, mangoes, roasted pineapple, carrots, pickled onions, jícama, goat cheese, sliced almonds, **achiote roasted chicken**, *cilantro lime dressing*

 gluten free

 vegan

 spicy

design your own

choose your greens, pick up to 5 toss-in's, add protein if desired, plus your choice of dressing. Available in-house only. No phone orders, please.

protein toss-ins (can be added to any salad) free-range, antibiotic & hormone free

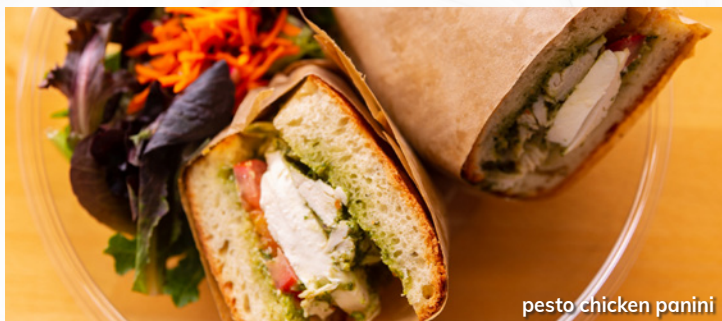
roasted chicken
roasted angus skirt steak
applewood smoked bacon
maple ham
sopressata salami
roasted salmon

roasted shrimp
spanish white anchovies
marinated tofu
hard-boiled egg
albacore flake tuna
avocado

house-made dressings

champagne vinaigrette
creamy italian
sesame miso
caesar
pomegranate vinaigrette
balsamic vinaigrette
buttermilk ranch
green goddess
citrus jalapeño

poppy seed
cilantro lime vinaigrette
white balsamic vinaigrette
thousand island
bbq ranch
spicy chipotle
spicy vietnamese
honey-mustard



focaccia panini sandwiches

sandwiches grilled between slices of toss-made rosemary focaccia, served with a mixed green side salad with vinaigrette

pesto chicken

roasted sliced chicken breast, fresh mozzarella, tomato, arugula, toss-made walnut-basil pesto

salami

sopressata salami, pepperoncini, fresh mozzarella, red onions, arugula, toss-made herb aioli

caprese

sliced tomato, fresh mozzarella, kalamata olives, arugula, toss-made walnut-basil pesto, balsamic drizzle

bbq chicken

shredded bbq chicken, smoked bacon, southwestern coleslaw

ham & swiss

maple honey ham, provolone, red onions, romaine lettuce, toss-made herb aioli

tuna melt

tuna salad, pepper jack cheese, romaine lettuce, tomato & avocado

The Toss prepares eggs, milk, soybeans, wheat, peanuts, tree nuts, and fish in-house. Our operations involve shared cooking and preparation areas and the possibility exists for food items to come in contact with other food products. We are unable to guarantee that any menu item can be completely free of allergens.



coyote bowl

warm bowls

coyote **gf**

toss-made turkey chorizo, romaine lettuce, cilantro lime brown rice, black beans, corn pico de gallo, avocado, paprika crema & cilantro lime vinaigrette

harvest

mixed grains & red cabbage, onions, zucchini, carrots, choice of vegetarian, choice of roasted sliced chicken, roasted marinated tofu, or roasted salmon, walnut basil pesto

chicken tinga bowl

chopped romaine, cilantro lime rice, shredded braised chicken, chopped tomato, sliced avocado, crispy jalapeños, feta cheese, creamy avocado salsa & paprika crema

phuket shrimp

cauliflower rice, bell peppers, cucumbers, red cabbage, red onions, mangoes, spicy peanut crumble, sautéed spicy shrimp, thai-peanut dressing & cilantro-lime drizzle



hearty chicken soup

house-made soups (selection varies daily)

cup (8 oz)

bowl (12 oz)

quart (32 oz)

house-baked goodies

rosemary focaccia

chocolate chunk cookie

cranberry oatmeal cookie

baker's special flavor(s)

non-alcoholic beverages

spindrift seltzers

coke & diet coke

humm kombuchas

joe's tea & lemonade

beer & wine

selections available for dine-in



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