

house-designed salads

corfu

seasonal lettuce, house-dried tomatoes, marinated artichokes, pickled red onion, garbanzos, kalamata olives, feta cheese, *champagne vinaigrette*

caesar

chopped romaine & kale, house-dried tomatoes, roasted garlic, rosemary crouton, *caesar dressing*

grove

mixed baby greens, apple, dried cranberries, shaved fennel, candied walnuts, faro, blue cheese *balsamic vinaigrette*

siesta

shredded kale, quinoa, black beans, hominy, jicama, tomato, spiced pepitas, avocado *citrus jalapeño dressing*

geisha

shredded cabbage, soba noodles, pickled ginger, carrots, radish, edamame, oranges, wasabi peas *sesame miso dressing*

cobb

chopped romaine, tomatoes, avocado, pickled mushrooms, hard-boiled egg, blue cheese, smoked bacon, roasted chicken *green goddess dressing*

baja cobb

chopped romaine & mixed greens, roasted corn, tomatoes, black beans, pepper jack cheese, avocado, hard-boiled egg, smoked bacon, roasted chicken, tortilla strips *bbq ranch*

carlito

seasonal lettuce & radicchio, celery, tomatoes, hearts of palm, pepperoncini, mozzarella, sopressata salami *creamy italian dressing*

waldorf chicken

seasonal lettuce, apple, grapes, celery, golden raisins, walnuts, mandarin oranges *poppy seed dressing*

zesty

crown leaf, green cabbage, diced mango, roasted corn, red bell pepper, pumpkin seeds, feta cheese, avocado *zesty chipotle dressing*

choose your greens

pick up to 5 toss-ins, plus your choice of dressing *available in-house only, no phone orders please*

protein toss-ins

add protein to any salad

free-range, antibiotic & hormone free

roasted **chicken**

roasted angus **tri-tip**

applewood smoked **bacon**

maple **ham**

sopressata **salami**

roasted **salmon**

roasted **shrimp**

spanish white **anchovies**

marinated **tofu**

hard-boiled **egg**



SALADS BY DESIGN

1673 Laurel Street

San Carlos, California 94070

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house-made dressings

selections may vary daily

champagne vinaigrette
creamy italian
sesame miso
caesar
pomegranate vinaigrette
balsamic vinaigrette
buttermilk ranch
green goddess
citrus jalapeño
poppy seed
cilantro lime vinaigrette
white balsamic vinaigrette
thousand island
bbq ranch

warm bowls

coyote

toss-made turkey chorizo, romain lettuce,
cilantro-lime brown rice, black beans, corn
pico de gallo, avocado
paprika crema & cilantro lime vinaigrette

harvest

mixed grains, red cabbage, roasted bell
peppers, onion, zucchini, yellow squash,
carrots
choice of vegetarian, roasted sliced chicken,
roasted salmon
walnut basil pesto

basic

mixed grains, walnut basil tossed cabbage,
steamed seasonal vegetable
choice of roasted sliced chicken, roasted
marinated tofu, roasted salmon
walnut basil pesto

house-baked goodies

rosemary focaccia
chocolate chunk cookies
cranberry oatmeal cookies
baker's special flavor

soup

selection varies daily

small (8 oz)
large (12 oz)
quart

soup & salad combo

small caesar & small soup

non-alcoholic beverages

water
spindrift seltzers
bundaberg sodas
humm kombuchas
joe's tea & lemonade

beer & wine

selections available for dine-in



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SAN CARLOS • CALIFORNIA

The Toss prepares eggs, milk, soybeans, wheat, peanuts, tree nuts and fish in-house. Our operations involve shared cooking and preparation areas and the possibility exists for food items to come in contact with other food products. We are unable to guarantee that any menu item can be completely free of allergens.